

## Content and Timetable 2010

SESSION TIMES (insert times)

### Saturdays 10am to 4 pm

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DATES (insert)	SESSION No	SESSION TITLE
Jan 28th	1	Introduction
		A Biblical Perspective
		Human Need
Feb. 11th	2	The Caring Relationship
		Listening to Self and God
Feb 25th	3	Listening to Others (1)
		Listening to Others (2)
March 14th	4	Safe Practice
		Resources
		Going Out and Close

### Statement of Faith

The Association affirms the central truths of the Christian faith as expressed in the Bible and historic creeds. God is one and this unity is revealed to man as Father, Son and Holy Spirit. The ACC recognises this and specifically the Lordship of Christ and the authority of Scripture in all areas of belief and practice.

More information about ACC is available from

[www.acc-uk.org](http://www.acc-uk.org)

Association of Christian Counsellors  
29 Momus Boulevard  
Coventry  
CV2 5NA  
Tel. 0845 124 9569

# ACC Pastoral Care Foundation Course

Mishkan Resource Centre

### Venue

70, Glenurquhart Road,  
Inverness  
IV3 5PA

### Dates

2012  
Jan 28<sup>th</sup>, Feb 11<sup>th</sup>, 25<sup>th</sup>, March 14<sup>th</sup>



# A Foundation Training Course in Pastoral Care

## What does the course offer?

### Course Aim

To enable you to develop your understanding of pastoral care from a Christian perspective and to become more effective in relating to and caring for the people and communities around you.

### Learning Outcomes

The course is designed to help you to:

- develop your understanding of pastoral care from a Christian perspective
- develop your understanding of the various dimensions of human need
- understand the nature of a caring relationship from a Christian perspective and define the personal qualities necessary to build this
- acquire and develop appropriate listening and responding skills
- identify and know how to access and utilise relevant personal, spiritual and community resources
- identify and understand principles of spiritual, emotional, physical and sexual safety within the context of pastoral care, and know how to apply these principles in your caring relationships
- reflect on what you have learned and how you might apply this to your pastoral care setting
- identify where you would benefit from further growth and development

## Who is the course for?

- Those who see themselves helping others informally in their daily relationships and who desire to learn more about pastoral care generally without being part of a pastoral care team
- Those who may be members of a pastoral care team and who desire to learn more about pastoral care in order to help others both informally and formally
- Those in church leadership or who have specific church roles and who desire to develop their awareness of pastoral care in order to support those for whom they have responsibility
- Those who wish to help others in specific community and workplace settings and desire to learn more about pastoral care in outreach and mission
- Those who desire to explore and pursue a call to pastoral care

## How does the course work?

The training comprises of:

- A number of trainer led group sessions totalling 22 ½ hours (see this leaflet for dates and times of sessions). The training sessions will include group discussion, sharing of experiences and ideas, practice of skills and individual reflection
- Keeping a personal Learning Journal throughout the course
- Reading one of the recommended course books and writing a short review of what you have learnt from the book (if you find reading or writing difficult please discuss this with the Course Leaders as alternatives may be possible)
- At the end of the course you will receive a Certificate of Attendance if you attend at least 90% of the course and complete the written work

## Who is running the course?

Mishkan Resource Centre

Dolina Geddes

Ruth Harris

Tel No/ Email 01463 226966  
mishkan70@live.co.uk

## How much does it cost?

The cost of the course is £95.00

## How do I apply?

- Check you can make the dates of the course
- Complete the application form enclosed
- Obtain a letter of endorsement from your Church Leader/Organisation

Make your cheque payable to

Mishkan Resource Centre

Return your application, letter of endorsement and cheque to Pastoral Care Course,  
Mishkan Resource Centre,  
70 Glenurquhart Raod,  
Inverness IV3 5PA

## Closing date for Application

January 17<sup>th</sup>, 2012

## What happens next?

You will receive a confirmation letter and some pre-course information telling you more about the course.